

MINGUS WRESTLING

HEAD COACH- TOM WOKASCH

ASSISTANT COACH- ROB SZMANDA/ PHIL GROSZ/ STEVE WARNER/ KLINT MCKEAN

1801 EAST FIR STR

COTTONWOOD, AZ 86326

“WE DON’T REBUILD WE JUST RELOAD”

| DATE | DAY | PLACE 2008-09 | WEIGH- IN | Start |
|-----------------------------------|--------------------------------|--|--------------------------------|----------------------------------|
| Dec. 5th & 6th | Fri-Sat. | Mingus Mt. Duals Tournament At MUHS Ironman/ Ohio | 9:00 a.m. 8:00 a.m. | 10:30 a.m. 9:30 a.m. |
| Dec. 10 | Wed. | Paradise Valley Multiple | 3:30 p.m. | 4:00 p.m. |
| Dec. 19 & 20 | Thurs. & Friday | RENO TOURNAMENT of CHAMPIONS NEVADA | TBA | TBA |
| Jan. 2nd & 3rd | Fri.-Sat. | “Dave Work Memorial” at MUHS | 9:00 a.m. 8:00 a.m. | 10:30 a.m. 9:30 a.m. |
| Jan. 7 | Wed. | Prescott Dual at Prescott | 3:30 p.m. | 4:00 p.m. |
| Jan. 14 | Wed. | Thunderbird Multiple | 3:00 pm | 3:30 pm 10:00 pm |
| Jan. 16 & 17 | Fri. - Sat. | Flowing Wells Tournament | 8:00 a.m. 8:00 a.m. | 10:00 a.m. 10:00 a.m. |
| Jan. 21 | Wed. | Grand Canyon Region Multiple MUHS | 1:00 p.m. | 2:30 p.m. |
| Jan. 28 | Wed | Moon Valley Dual At Moon Valley V/JV/FR | TBA | TBA |
| Feb. 14 | Sat. | GRAND CANYON REGION MEET at Bradshaw Mt. | TBA | TBA |
| Feb. 20 -21 | Fri.-Sat. | Glendale Sports Arena Individual State | TBA | TBA |
| Feb. 28th | Sat. | Peoria H.S. Team State | TBA | TBA |

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== JV/ Freshmen SCHEDULE– 2008-09 ==

| DATE | DAY | PLACE 2008-09 | WEIGH- IN | Start/ return |
|---------------------|---------------|---|----------------------|--------------------------------|
| Dec. 11 | Thurs. | @Sunnyslope JV Multiple | TBA | TBA |
| Dec. 13 | Sat. | Paradise Valley JV Tournament | 6:00 am | 9:00 am/ 6:00 pm |
| | Sat, | Fresh. Tourn. Perry H.S | 6:00 am | 9:00 am 6:00 pm |
| Jan. 7 | Wed | Prescott Dual JV/ FR | TBA | TBA |
| Jan. 15 | Thurs. | @Desert Edge JV Multiple | 3:00 p.m. | 4:00 p.m./ 10:00 pm |
| Jan. 17 | Sat. | Payson JV/ Tournament | 6:00 am | 9:00 am/ 6:00 pm |
| Jan 22 | Thurs. | Home GCR Multiple JV/Fr | 3:00pm | 4:00pm |
| Jan. 24 | Sat. | @Mesquite Tournament Big 15 | 6:00am | 9:00 am/ 6:00 pm |
| Jan. 28 | Wed. | Moon Valley Dual JV/ FR | TBA | TBA |
| Jan. 31 | Sat. | All-AZ Freshmen Tournament at MUHS | 8:00 a.m. | 10:00 a.m. |
| Feb. 7th | Sat. | All-JV Tourn. MUHS | 8:00 am | |